## Free Preconference Session: safeTALK



**5th ND Conference on Injury Prevention and Control** 

"Bringing the Pieces Together"

Radisson Hotel, Bismarck

**When:** August 9, 2016 – 1:30 - 4:30 p.m.

Where: Radisson Hotel - Liberty/Manhattan

Room

Presenters: Emily Carpenter and Ashley Ladbury

Hrichena from FirstLink

## Registration is **FREE**

Register online (Space is limited): Click here to register

If you have questions, contact Missy Kopp at <a href="missykopp@nd.gov">missykopp@nd.gov</a> or 701.328.4536

## **School Staff:**

complete your training requirement in suicide prevention for schoolyear 2016/2017 before the schoolyear begins!

Continuing education credits will be requested for nurses, social workers, licensed counselors, law enforcement, emergency medical services, teachers, domestic violence advocates, and master certified health education specialists.





**safeTALK** is a 3-hour alertness workshop that prepares anyone over the age of 15, regardless of prior experience or training, to become a suicide-alert helper. Most people with thoughts of suicide don't truly want to die, but are struggling with the pain in their lives. Through their words and actions, they invite help to stay alive. safeTalk-trained helpers can recognize these invitations and take action by connecting them with life-saving intervention resources.

## **Skills Obtained**

By the end of the workshop, participants will be better able to:

- Dispel myths about suicide
- Identify indicators of suicidal risk
- Identify and use the 4-step TALK process with someone at risk of suicide
- Refer a person at risk of suicide to appropriate resources